



**MAY 2024** 

# PROUD TO BE AN INDEPENDENT EQUINE PRACTICE

HEAD OFFICE: 64 FORE STREET, NORTH TAWTON, DEVON, EX20 2DT MEDICATION COLLECTION POINTS: OKEHAMPTON, HATHERLEIGH AND HOLSWORTHY



At Equus Vets we strive to provide you with excellent customer service.

We have three dedicated receptionists who are always here to help.

If your phone call is not answered straight away don't worry, keep holding and you will be diverted to our overflow service which is also our out of hours service.

A member of their team will take your details and pass them on to a member of our team.

If it is an emergency, they can pass calls to us urgently and you will be dealt with immediately by a member of our team.



FUN FACT ABOUT BLOOD

Blood makes up approximately 8% of the bodyweight of your horse in kg. So if your horse was 500kg, it would have around 40 litres of blood circulating in comparison to a human who has approx. 5 litres.

## **EQUUS VETS NEWSLETTER MAY 2024**

### PRACTICE NEWS

THE BADMINTON GRASSROOT CHAMPIONSHIPS.



Photo of Georgie and Millie taking a flying leap over the broken bridge at Badminton.

A massive congratulations is in order for our Holsworthy receptionist Georgie and her horse Ballycreen Milady aka Millie! Georgie and Millie have worked incredibly hard throughout the last eventing season and managed to qualify for the Badminton Grassroots Championships 2024.

They ventured up to Badminton at the beginning of May for the Championships where they had an absolute blast! The weather held off for them and they completed all three phases.

Well done Georgie and Millie all the hard work has paid off!

Providing you with a dedicated and experienced team of equine only vets, 24 hours a day, 7 days a week covering Devon and East Cornwall

01837 214004 – info@equusvets.co.uk



#### TOP TIPS TO KEEP FLIES AT BAY IN THESE SUNNIER TIMES:

#### Keep your stable yards and paddocks clean and muck free as possible. Poo pick field regularly. Site muck heaps away from horses.

Remove stagnant water sources - breeding grounds- clean out water troughs and deal with leaks regularly. Maintain drains.

fitting clean fly rugs, masks and leg wraps if necessary.

Fly repellents- try to find the most effective fly repellent for your midges/flies and your horses. May need to rotate and change products regularly. Will need to be applied regularly. Stable horses at risk times - dawn and dusk. Provide shelter - clean, dark, cool and well ventilated. Use fans directed out of barns to prevent flies coming in. Meshes and fly screens/curtains can be used in well-ventilated stables and barns. Try to use breezy paddocks and keep your horses

clean and cool. Avoid long grassy areas and disturbing leaves and branches in wooded areas where horse flies rest.

Use cool water to soothe fly bites. Aloe vera gel may help reduce swelling.

## **POWER AND PERFORMANCE**

One of the most common causes of poor performance i.e not achieving the desired level capable in whatever sphere you choose to ride your horse in; is due to low grade hind limb lameness, often bilateral (in both legs).

This can sometimes be very difficult to detect and may show as behavioural changes. The most common cause is pain from the lowest joints of the hock. This can be treated by directly medicating these joints. The results of medicating the tarsometatarsal (TMT) joints can often be amazing adding power and vitality to your horse.

We most commonly use steroid medication; acting as a potent anti inflammatory and pain relief. However, there are other options too. These include Arthramid, a 2.5% iPAAG hydrogel which forms a bio-scaffold within the joint, helping to strengthen the joint and help the synovium (the joint lining) regenerate and produce better quality joint fluid to cushion the forces through the joint.

We also now have a stem cell treatment commercially available, Arti-cell Forte, which hopes to repair and heal damaged cartilage within the joint.

*If you would like to discuss the options for your horse, please do give us a call for a chat or arrange an appointment for a visit and examination – 01837 214 004* 



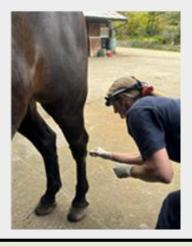
The arrows in this x ray point to the four joints in the hock. It is the bottom one (the TMT) that is injected into.

The picture to the right is of Gemma in the preparation stages to injecting a hock.

Is there anything you would like to know more about/include in our newsletter?

If so, please pop us an e mail with your request to

georgie.brown@equusvets.co.uk



<u>DAYS</u> w/c 3<sup>rd</sup> June 2024 w/c 17<sup>th</sup> June 2024

**CORNWALL AREA** 

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**NORTH TAWTON – OKEHAMPTON – HATHERLEIGH - HOLSWORTHY** 

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